

## Get Started On Reading To Your Kids

Reading to your children should start early. Really early. The American Academy of Pediatrics recommends starting as soon as your children are born.

Reading stimulates brain development and language skills, as well as fostering a closer emotional bond between parents and children. Remember these tips:

- ❖ **Read widely.** Infants respond to voices around them, so start out by reading anything that's handy—sports pages and cookbooks will do, as well as very simple picture books.
- ❖ **Ask questions.** As your child grows older, get him or her involved. Ask them what they think will happen next, or why a character behaved that way. You'll start teaching some basic critical thinking skills, and you'll make the experience more enjoyable.
- ❖ **Read every day.** Make reading a regular activity. Don't just limit it to bedtime. Bring a book with you to doctor's appointments and the store so you can read while waiting.

## How Much Would You Spend On A Pet?

Americans love their pets. In 2009, according to a survey by the American Pet Products Association, we spent about \$45 million on food, veterinary care, and supplies for our cats, dogs, and assorted animal companions—in the middle of a recession. In 2001 we spent about \$28 million.

Americans own some 77 million dogs and 94 million cats, and the percentage of pet owners has grown over the past two decades. Fifty-six percent of U.S. households owned a pet in 1988, but 62 percent reported owning a pet in 2009, and more than half said they considered their pets to be members of the family.

### August Events

August 1st	Friendship Day
August 13th	International Left-Handers Day
August 21st	National Senior Citizens Day



## How Not To Lose Your Job With Social Networking

A survey of companies with 1,000+ employees by Internet security firm Proofpoint found that 8 percent have fired an employee for misbehavior related to social networks like Facebook or LinkedIn.

How can you avoid joining them? Steer clear of these obvious online mistakes:

- ❖ Complaining about your boss or company
- ❖ Posting that you're looking for a new job
- ❖ Sharing confidential information about your organization
- ❖ Criticizing your co-workers online
- ❖ Posting inappropriate (or stupid) photos of yourself
- ❖ Sharing workplace rumors online
- ❖ Spending too much time on social networking sites when you should be working



## Fire Safety Tips For Collegians

About 1,600 fires break out in college dorms, fraternities, and sorority houses each year, according to the National Fire Protection Association. When you take your student off to school, stick around for a few minutes after unloading the van to check for these essentials:

- ◆ Clearly marked fire exits and fire extinguishers
- ◆ Sprinkler and alarm systems
- ◆ Ask the RA whether all equipment is tested regularly
- ◆ Inquire about smoking and fire policies.



## Do You Have A Question About Car Maintenance That You Want Answered?

We love to hear from all of our good friends and clients who enjoy reading our monthly newsletter. If you have a question about anything related to your vehicle, feel free to give us a call at **661-949-8484**, email us at

**[doug@qhauto.com](mailto:doug@qhauto.com)** or visit us at **[www.qhauto.com](http://www.qhauto.com)**

The **WARRANTY** On Your New Vehicle Stays In Effect When Maintenance Is Performed Here.

We are legally authorized to fulfill maintenance obligations on all vehicles, even new ones, & when we use appropriate parts & procedures, the vehicle's manufacturer is bound to honor its warranty obligations. Your vehicle's care starts at 00001 miles.



## Thank You! Thank You! Thank You!

Special thanks go out to all of our clients and friends who graciously referred our shop to their friends and neighbors last month! Our business is built based on the positive comments and referrals from people just like you. We just couldn't do it without you.

**Alan Willey, Sue Beimler, Gonzalo Diaz,  
Mario Rosales**

## Does This Deal Smell Bad To You?

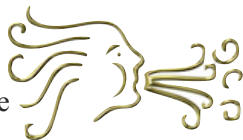
A real estate agent was showing a home to a young couple. "Now, I'm going to be honest," she said. "This house has some disadvantages and some advantages."

"What are the disadvantages?" asked the husband.

"Down the street to the west, there's a waste processing facility. And a few blocks away to the east, there's a factory that makes organic fertilizer."

"What are the advantages?" asked the wife.

"You can always tell which way the wind is blowing."



## Snacks That Won't Undermine Your Diet

You're hungry, but you're trying to lose some weight and snacks are a bad idea. Right?

Actually, a healthy snack can support your diet by making you less likely to binge at your next scheduled meal. Better yet, you don't have to limit yourself to endless snacks of carrots and rice cakes. Here are some ideas for satisfying, low-calorie hunger stoppers:

- Sliced bananas and fresh raspberries (1 cup)
- Air-popped popcorn (3 1/2 cups)
- Peanuts (2 tablespoons)
- Olives (5)
- Hummus (1/4 cup, with 4 carrot sticks)



From Mayo Clinic's website come these suggestions for quick, healthy meals when you don't have time for anything elaborate:

Toast half of a whole-wheat English muffin and top it with a slice of Canadian bacon, a slice of tomato, and a slice of low-fat American cheese, and microwave it until the cheese has melted.

Spread half of a small cinnamon-raisin bagel with one tablespoon of part-skim ricotta cheese and top it with a few thin slices of apple.

## Twist Your Mind In New Directions

Puzzles and games are useful tools for stretching your mind. Challenge yourself with these brain teasers:

1. A child was born in Boston, Massachusetts, to parents who were both born in Boston, Massachusetts. But the child was not a United States citizen. How is this possible?
2. Before Mount Everest was discovered, what was the tallest mountain on Earth?
3. A child is born on Dec. 27, yet her birthday is always in the summer. How is this possible?
4. How many times can you subtract the number 5 from 25?
5. An electrician and a plumber are waiting in line for admission to the "International Home Show." One of them is the father of the other's son. How could this be possible?

## What Does That Mean?

The origins of some figures of speech are obvious, putting the cart before the horse, for instance. Others are a little more obscure. From Jeff Rovin's book *The Unbelievable Truth!* (Signet) here's a look at the explanations behind three common expressions:



- ▶ **Pulling the wool over their eyes.** In the 17th and 18th centuries, thieves and robbers would yank their victims' wool wigs down over their eyes so they couldn't see who was attacking them.
- ▶ **Blackmail.** In 16th-century England, mail meant "rent" or "tribute." Debts that had to be paid in silver were called "whitemail." A debt that could be paid in any other way—from livestock to property—was called "blackmail." Because blackmail did not have a set value, the person collecting the debt could extort any amount or anything they wished from the debtor.
- ▶ **Red tape.** For centuries, it was British custom to seal important documents with red wax and red tape. Cutting through it was the only way to get at the documents and read them.

## Answers To Mind Twist Trivia

1. The child was born before 1776.
2. Mount Everest. It just hadn't been discovered.
3. She lives in the southern hemisphere.
4. Only once. Then you're subtracting it from 20.
5. They are husband and wife.

## Back To School Brings Savings!!!

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Transmission, Coolant  
Or Fuel Injection



Any Flush Service.....  
Take \$50.00 OFF



Expires 8-31-2010

Cannot be combined with other offers or coupons

Must present coupon

## ***Congratulations To Our Client Of The Month!***

Every month, we choose a very special client of the month. It's our way of acknowledging our great clients and saying thanks to those that support our business with referrals and repeat business.

This month's Client of the Month is

***Andrew Blich*** for trusting us with his vehicle needs.

## ***A Roll Of The Dice Ends Sibling Sniping - Eventually***

Quarreling between siblings is a problem that many parents face. A column from *The Wall Street Journal* told of one mother's solution: Her daughter and stepdaughter, both 10 years old, constantly bickered and insulted each other. One day she handed the two girls a pair of dice and told them that the number they rolled would be the number of compliments they had to give each other. At first the results were good. "I like the shirt you're wearing today," said one sister. "I like when you're here on weekends."

But quickly things took a turn for the worse when one daughter said, "I like it when you're not here."

The mother immediately set a new rule: Now the girls had to double the number of compliments they gave each other. By the end of the exercise, harmony had been achieved and the fights ended.



## ***Thanks For The Kind Words***

"QH Auto is up front and honest. They informed me every step of the way with what was needed and the associated costs before performing the work. I will certainly use them again!"

Chuck Wolfson

## ***Cell Phone Civility***

Cell phones sometimes seem to create as many problems as they solve. To smooth over the rough spots, CellPhones.org has put together this list of common cell phone etiquette tips:

- **Lower your voice.** Don't force everyone around you to listen to your half of the conversation.
- **Avoid personal subjects.** Resist the temptation to over-share where complete strangers can listen to your intimate secrets.
- **Don't take calls (or text) when talking to someone else.** If necessary, ask permission before answering your phone.
- **Silence your ringer in theaters.** Put it on vibrate, and don't answer your phone while others are watching the movie, play, or performance.
- **Don't get mad about dropped calls.** You'll lose 2-4 calls every week if you make 100 calls per week. Don't blame the other person for a dropped call. It happens.
- **Keep your distance.** Whenever possible, stay about 10 feet away from others when talking on your phone.



## ***Do You Want To Win A Free Lube, Oil & Filter Change?***

***Take the trivia challenge and you just might win!***

Each month we'll give you a new trivia question. The first 10 people to call with the correct answer will be eligible to win. At the end of the month we'll draw one lucky name. That winner will receive a FREE Gift Certificate for a Lube, Oil & Filter Change from us! Here is this month's trivia question: What percent of U.S. households reported owning a pet in 2009?

***(Hint: the answer is somewhere in this newsletter)***

- a) 94%
- b) 45%
- c) 62%
- d) 31%

***Call right now with your answer!***

The answer to last month's trivia challenge was, *In what year was July established as National Recreation & Parks Month?* b) 1985. Congratulations to last month's lucky winner!

***Lorraine Ryan-Bell***

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## ***Why Do You Like Doing Business With Us?***



**Let Us Know And You Could Win A \$50.00 in QH Auto Bucks to use for any future service or repair we offer!**



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**Deadline 8/31/10**

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## What's Inside?

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- & Much More!



## *What's The Answer?*



*Does This Deal Smell Bad To You?*

*Will Using Facebook Get Your Fired?*

*How Much Did Americans Spend On Their Pets In 2009?*

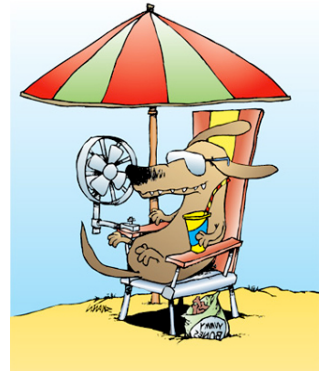
*Can Siblings Really Get Along With A Roll Of The Dice?*

*How Many Times Can You Subtract The Number 5 From 25?*

*The Answers To These And Many  
More Questions Are Inside*



# Our Dog Days Of Summer Word Search



a h e a t j g n r d y m q t w h p r k r  
y i p c n v o x m n r z y k u f y g e f  
l w r j w i t o h d b g d m t y l y g z  
w n i c t l o k b m g h i e u d u k o v  
b x i a o x z u u p z d t h d e j p b g  
h r c q m n v p p m f k n y n a s c r y  
e a l g s t d k p b n v j f s d h q e t  
v n r e l k n i r p s e e l u y p s t k  
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l f q k l p d a c b d d v a g o a k s s  
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u c q q u h w v y w y e j o k l u n t n  
d w l b h k a d v w u n r j i c d r p h

**BONUS!!!!**  
**Bring in this**  
**correctly**  
**completed puzzle**  
**& SAVE an**  
**additional 5% OFF**

airconditioning	heat	sand	sunshine
beach	hot	shade	sweat
dogdays	humid	sizzling	vacation
fans	lemonade	sprinkler	water
festivals	pool	summer	watermelon

Now that the Dog Days Of Summer are upon us,  
let's make sure your vehicle is ready for  
it! Call us today at  
**(661) 949-8484**  
to schedule your appointment.  
Just remember to bring in your coupon when  
you come in for service.  
Offer expires August 31st, 2010.  
We look forward to Seeing you Soon!!

## Dog Days Car Care Package: **ONLY \$29.95**

- ✓ Top Off All Fluid Under The Hood
- ✓ Complete Tire Rotation, Check Tread Depth On All Tires & Adjust Air Pressure To Corrected Specifications
- ✓ Inspect All Belts & Hoses For Cracks & Proper Tension
- ✓ Premium Lube, Oil And Filter Change
- ✓ Inspect Battery Terminals & Connections

**Save**  
**\$10.00!**

## Dog Days of Summer All In One Saver Package: **ONLY \$69.95**

- ✓ Top Off All Fluid Under The Hood
- ✓ Complete Tire Rotation, Check Tread Depth On All Tires & Adjust Air Pressure To Corrected Specifications
- ✓ Inspect All Belts & Hoses For Cracks & Proper Tension
- ✓ Premium Lube, Oil And Filter Change
- ✓ Inspect Battery Terminals & Connections
- ✓ Check Heating & Air Cond Systems
- ✓ Check Controls
- ✓ Check Drive Belts & Hoses
- ✓ Performance System Test
- ✓ Leak Test All Components & Connections
- ✓ (Refrigerant & Dye Extra)

**Save**  
**\$20.00!**